



Keyur Kapadia

Trainer | Fitness Instructor | Motivator | Event Planner

Keyur loves to play the role of a senior coach, facilitator, trainer and motivator adding value to a person's professional personal life. His work life has given him wide variety of experiences ranging from hospitality, banking, training and an opportunity to work with the great outdoors along with the corporate industry.

PROFILE: Keyur's journey began with enjoying what he used to do, and the road has now moved on to doing what he enjoys the most. He has **led successful expeditions to several destinations across the country including Everest Base Camp, Manali – Ladakh Cycling Trip, Stok Kangri Summit** and he has facilitated several leadership programs.

He is a results-driven turnaround executive achieving top and bottom-line performance objectives, through transition of production and support activities to least cost global sites, continuous cost reduction & productivity enhancement initiatives, effective workflow management & service delivery, improving processes & leveraging business intelligence.

OBJECTIVE: His work **gives employees an opportunity to unwind and bounce back with increased vigor** for enhanced productivity and **develop camaraderie with teams** and induce a sense of belonging with the company.

EXPERIENCE & QUALIFICATION: Over the past 14 years, Keyur has championed with complex organizations as facilitator, trainer handling team training assignments in various sectors namely banking & financial services, insurance, retail, IT, medical, pharmaceutical and education. He has an eye for detail and it varies with the requirements from students in MBA/Engineering colleges to C level corporate executives. Keyur holds a degree in B.E. (Electronics & Telecommunication Engineering) and is an MBA in Finance & Banking apart from being an avid, trekker, marathoner, cyclist and playing Tennis. He is also passionate about self development and volunteering for the society. He has excelled in challenging, fast-paced organizations applying expertise in:



TRAINING EXPERTISE

Team Motivation & Leadership	Goal setting
Cross functional collaborations	Business etiquette
Strategic planning/tactical initiatives	Customer delight
Vendor solutions development	Managing stress
Performance improvement	Resolving conflict
Supply chain management	Problem solving
Delivering high impact communication	Decision making
Negotiation skills	Time management

'Work life can be stressful and harmful to health, breaking down the best of performers thereby causing jeopardy to achieving business objectives. We believe there is nothing more effective than realigning teams and individuals in the lap of nature using fun filled team building activities away from the pressures and pollution of the city. The methodology adopted is a confluence of activities that would be aimed at developing skills, increasing awareness and engaging teams to have a broader span of thought and horizon,' says Keyur